A Relation between Peace Education & Swachh Bharat Abhiyan: A Step Towards Peaceful Living

Sibnath Manna

Research Scholar, Department of Education, The University of Burdwan, Burdwan, West Bengal, India

Corresponding author: sibnathmanna36@gmail.com

ABSTRACT

This paper aims towards the relationship between peace education and *Swachh Bharat Abhiyan*. Peace is a vast concept practically as well as spiritually. In general way, peace means the absence of conflict or violence and, conversely as the presence of states of mind. According to John Dewey (1938), Peace education is beached in vigorous social responsibility making learners for diligent contribution in egalitarianism, through problem – posing and problem – solving education, and a promise to transformative act in our civilizations—*Swachh Bharat Abhiyan* is a vast mass movement that seeks to create a clean India. By cleaning our neighboring, we can reduce the chance of falling ill and stay happy. Staying clean helps us improve our mental health. Therefore, *Swachh Bharat Abhiyan* is a step of wellness lifestyle. This mass movement promotes cleanliness to our surroundings and improves our mental health, which is directly connected with inner peace and peaceful living in society.

Keywords: Peace education, peaceful living, *Swachh Bharat Abhiyan*

The word "Peace" is very significant in the history of human civilization. From the beginning of human civilization to the present day, the issue of peace has been held at the highest value in humanities. When we turn the pages of history, we see that any world war or the war ends with a peace treaty. Just as rain in the summer brings a message of peace, a peaceful agreement at the end of the war brings a message of peace. So, peace is a virtue. Going to explain about peace, it has to carry different kinds of meaning. It is essential to know about the deep meaning of peace. Let us know the various meanings of peace.

Peace is a vast concept. In epistemological meaning, the word "Peace" is derived from the root Latin word 'Pax', which means a contract, a mastering, or an agreement to end war or any controversy and competition between two people, two nations, or two unfriendly groups of people.

Peace usually means the absence of war. By war, we mean a conflict between two countries or two unfriendly groups of people. After the war, the two countries signed the agreement peacefully. The peace of a country is disturbed in two ways: one external attack and two internal disturbances. External attack refers to an attack by someone outside the borders of a country. External threats can come in a variety of ways, e.g., poor defense, outdated software, external suppliers, cyber-

attack, exploitation, social engineering. Internal disturbances refer to any internal disturbances of a country. Internal disturbances can come in various ways like physical security threats, legal threats, social and economic threats, human threats, network security threats, software threats, communication security threats, and other threats. An external attack is most dangerous than an internal disturbance in any country. In both cases, the government has appointments with intelligence men or the military to maintain peace. And military has a duty to establish peace in the country.

Peace means the absence of war that the thought of peace does not accept by many peacemakers. In their opinion piece is more than the absence of war. During a time without war, it does not mean people are at peace and society is peaceful. Peace is a virtue that is reflected in our living society and thought of mind. Now let us know the term about peace towards the various aspect.

Peace does not only mean the absence of war. Peace means the maintenance of justice and law and order by the government.

—Albert Einstein

King Martin Luther's view about true peace does not mean the absence of pressure; peace means the presence of justice for all.

Dali Lama thinks that peace is expressing people's kindness. Awaken the consciousness of world peace from inner peace in the human mind. Peace does not simply mean the absence of violence. Peace comes from the inner self.

Jawaharlal Nehru said peace is the serenity of soul. Peace is not merely the absence of war. Peace is a state of mind happiness. Peace can only be established by peaceful people.

From the above definitions, it is clear that there are two aspects of peace – one aspect is internal peace another aspect is external peace. Internal peace is known as inner peace which comes from the inner self. Inner peace is means to peace of mind, i.e., mental happiness. Inner-Peace can be described in different ways based on individual understanding, but here it refers to a mental disposition free of negative thoughts and emotions with internal strength, stability, and peacefulness regardless of adverse external conditions (Lama, 2012). Inner-peace is associated with calmness, mindfulness, consciousness, knowing yourself, spirituality, etc. External peace can be expressed in two senses, one side is positive sense and another is negative sense. In a negative sense, external peace is the absence of war, social fighting, violation of human rights, social imbalance, noisy environment, etc.. In a positive sense, friendly relation between two people, not to violate the human right, no war between two countries, silence, quietness, social justice, good environment etc. in a word, external peace means there is no imbroglio in society.

Concept of Peace Education

We live in twenty-first century. Its age of globalization and liberalization era. In globalization where the whole world has been turned into a global village by lifting the walls of different countries. As a result, different doors have been opened to the people. Human life is becoming more complicated day by day. As a result of opening so many doors to people, people are not able to find the right direction of satisfaction. People are not able to find the right path of peace. So, they are confused. They are not being able to establish peace in mind. In the globalization era, an economic difference in society has been arising in contemporary times. As an effective human right is broken, and human values are failed to establish peace. Now day Peace education is the only way to live in harmony with oneself, with others friends in society, and with the natural environment. Peace education is the process of acquiring the values, knowledge, and developing character. From the peacemaker are told some good explanation about the peace education. Such as well definitions are given below:

According to John Dewey (1938) Peace education is beached in vigorous social responsibility. making learners for diligent contribution in an egalitarianism, through problem – posing and problem–solving education, and a promise to transformative act in our civilizations.

Peace Education is a broad concept. Peace education creates an atmosphere of peace.

— Micheal Wessells (1994)

Peace Education is a process through which an environment of peace is created by transforming the environment of violence. Peace education is a process of 'conscientization.

— Freire (2006)

Peace education is a way to learn about how we will live in peace full in society and the natural environment. The task of education is to achieve the overall development of the children. Education is used as a tool for peace. Because education learns to develop in mind how to solve conflicts without violence, think positively to avoid violence, and establish a peaceful living within society. Education is used as a peacemaking, peacekeeping, peace-building process. Peace education affects many aspects of our life. The aspects that affect peace education are as follows: well-being, Happiness, Felling unity, better health, Mental hygiene, Inner peace, and responsible citizen. All those aspects influence our daily life. One of the most important components of education is the Teacher. In the field of education, the place of the teacher is the path of guidance. Teachers are the cornerstone of education. One of the functions of a teacher is to create peaceful living in society—the teacher's role in peace education as a peace-maker. The teaches job is to promote a positive sing in peaceful living and boost a role model of love, harmony, tolerance, justice, non-violence. M.K. Gandhi says, *"If we are to reach real peace in this world, we shall have to begin with the children."* Gandhi was a far-sighted man. He understood that today's children are the future craftsman of the country. A good leader will come out of those children. A good leader will be able to establish peace in his own country as well as in the whole world. That is why he wanted to spread the message of peace among the children through education.

Swachh Bharat Mission

'*Swachha*' is a Hindi word that means cleanliness i.e.,

we know "Cleanliness is next to godliness," which means leading a person in the godliness path. This path awakens humanity and goodness in people. Cleanliness is one of the highest human virtues. The *Swachh Bharat Mission* is a step toward cleanliness. The *Swachh Bharat Mission* was inaugurated by our Prime Minister Sri Narendra Modi on 2nd October 2014, *Swachh Bharat Mission* was a massive movement nationwide. It is a gift from all Indians, on the behave of 150th birth anniversary of our father of India. To create clean India was the purpose of the *Swachh Bharat Mission*, which was started by our Prime Minister Sri Narendra Modi. The PM said to all the countrymen that they should give some of their invaluable time to create a clean India. This Mission was started by our honorable Prime Minister by taking a broom in her hand and cleaning a part of the city. The *Swachh Bharat Mission* was started with some noble intentions. Here are some important objectives of this Mission:

- Withdrawal the open evacuation.
- Promoting cleanliness, developing mental health and hygiene, open resistance evacuation to our rural areas
- To make toilets apart for girls and boys in all Indian schools.
- Build closets where community toilets are needed.
- Make awareness among the citizens about hygiene linkages with health.
- Recycling and disposals City waste in scientific ways.

Objectives

1. To study the effect of *Swachh Bharat mission* on peace education.
2. To study the effect of *Swachh Bharat mission* and peace education on peaceful living.

Methodology

Any research work requires relevant methodology and techniques. The methodology applied in the present study is purely historical and analytical. The study has been developed by exploring and analyzing comprehensively huge qualitative

data obtained from both primary and secondary sources. These sources as a whole include then Government's report, periodicals, monographs, newspapers pamphlets, records, both published and unpublished thesis, dissertations, books, journals, educational project reports, and other research studies.

Swachh Bharat Abhiyan and Peace education: A step towards Peaceful Living

The objective of the study is to find the relationship between Peace Education and *Swachh Bharat Abhiyan*. "Cleanliness is next to godliness" which means leading a person in the godliness path. The *Swachh Bharat Mission* is a step toward cleanliness. Physical health and good mental hygiene depend on cleanliness. Peace education is a way to learn about how we will live in peace full in society and the natural environment. A relationship exists between *Swachh Bharat Abhiyan* and Peace Education. Peace education helps us to gain knowledge about the benefits of staying clean. *Swachh Bharat Abhiyan* is a program to keep the surroundings clean. *Swachh Bharat Abhiyan* and Peace Education are helping us to peacefully live in society. Peaceful living in society can achieve our ultimate goal, i.e., peace of mind. The 14th Dalai Lama advised; Inner peace is the key. "If you have inner peace, the external problems do not affect your deep sense of peace and tranquility. Without this inner peace, no matter how comfortable your life is material, you may still be worried, disturbed, or unhappy because of circumstances". *Swachh Bharat Abhiyan* has influenced Peace Education in many aspects. Now, the Researcher will discuss below:

Better health: Being a clean lifestyle affects our Physical health. An unhealthy environment decreases our immunity power. As a result, we become infected with various diseases. We cannot control our mental health when we are affected by the disease. Then we lost our mental balance. As a result, we lose the balance of our outward behavior. Peace education gives us knowledge about to stay healthy. *Swachh Bharat Abhiyan* was a program to keep our surroundings clean. Staying clean improves our better health all-time. *Swachh Bharat Abhiyan* is, directly and indirectly, related to peacefully living in society.

Mental hygiene: Normally, we think that health means the physical fitness of human. But health is related to the physical, mental, social, and spiritual aspects of well-being. Unhealthy environment decreases our immunity power. When we are afflicted with a disease, its effects our physical health as well as our mental health and hygiene. Peace education helps improve our mental health and hygiene. Man becomes stronger as a result of being clean. *Swachh Bharat Abhiyan* was a mass movement to stay healthy and mentally strong of well-being. *Swachh Bharat Abhiyan* is a way of peacefully living in society.

Feeling Inner peace: In view of man's imagination, God live-in heaven where peace prevails at all times. In reality, we keep the temple or mosque clean and tidy all the time because God exits here. As a result of being clean, we feel the inner peace of our mind. We feel peace of mind when we go to temples or mosques. And this well-being depends on the effect of staying clean.

Better well-being: Well-being means wellness which implies the quality of life. Well-being depends on comfortable health or happiness and peaceful living. The *Swachh Bharat Abhiyan* has provided an opportunity to stay well and stay healthy. Through the *Swachh Bharat Abhiyan* we have tried to keep our home and surrounding clean and tidy. Therefore we are one step closer to well-being. Peaceful living and peace education are promoting our quality of life.

Staying Happy: Happiness is positive emotion of human trait. Happiness is a revelation with feeling of joy, pleasure, well-being, laughter. A clean environment keeps us happy. But we feel sad when we have an unhealthy environment. For example, when we see garbage, we immediately cover our noses with handkerchiefs to cover the stench. And in the garden, we continue to breathe with open our mind because we feel cleanliness in there. *Swachh Bharat Abhiyan* encourages staying happy with living peacefully.

Felling Unity: In India, different languages, different dresses and different opinions people live in together. Here we see different cultures of people live together. *Swachh Bharat Abhiyan* is a program where people from different cultures have worked together. As a result of working together, a sense of unity has developed, and the attitude of peaceful living together has emerged. Therefore, "Unity Feeling" attitudes have developed in people.

Good Citizen: Some social duties is to be fostered for a citizen of our country. It is a social duty to keep our home and surrounding clean and tidy. The *Swachh Bharat Mission* is a step toward cleanliness. Cleanliness preaches the massage of peaceful living in society. Peace education makes citizens aware of their responsibilities and duties. The *Swachh Bharat Abhiyan* provides opportunities to be good citizens.

A healthy mind lives in a healthy body: Healthy mind depends on a healthy body. A healthy body depends on clean living. The *Swachh Bharat Mission* is a step toward cleanliness. Cleanliness preaches the massage of peaceful living in society. Having cleanliness increases our physical immunity. Therefore, we become strong in physically and mentally. So, A healthy mind lives in a healthy body. A healthy mind and a healthy body directly or indirectly effect peaceful living in society.

CONCLUSION

Peace education unites the student with his or her own mental health, social environment, natural environment and helps to acquire knowledge useful for living peacefully, build values, favorable attitudes, develop skills and behaviors. Peace Education fosters non-violence, love and compassion, and reverence for all the lives in society. By cleaning our neighboring, we can reduce the chance of falling ill and stay happy. Staying clean helps us improve our mental health. Therefore, *Swachh Bharat Abhiyan* is a step of wellness lifestyle. This mass movement promotes cleanliness to our surroundings and improves our mental health, which is directly connected with inner peace and peaceful living in society. Peace education helps us to gain knowledge about the benefits of staying clean. The supreme goal of life is to contribute to efforts in creating a healthier and more peaceful world where all people can enjoy a meaningful quality of life. We should do different programs of more transparency, like the *Swachhh Bharat Mission*.

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